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QUESTION 1

A 23-year-old client named Amber has isolated herself from others due to feelings of inadequacy. The clinical social worker understands the well-being of the client cannot be secured without the help of others and asks Amber's parents to be involved in the therapy. What value is being compromised?

- A. Competence
- B. Consent
- C. Dignity and worth of the person
- D. Service

Correct Answer: B

Professional ethics require a social worker to obtain a written and signed consent before informing anyone that the client is even in treatment. According to HIPAA (Health Insurance Portability and Accountability Act), all adults have the right to decide who they will share treatment information with and how much and what information they will share.

QUESTION 2

Emily is a four-year-old girl referred for services from the Rape and Domestic Violence Center. She and her mother are currently living in a homeless shelter. Emily was present when her mother was severely beaten by a live-in boyfriend. What kind of child-centered treatment will be most successful?

- A. Domestic violence therapy
- B. Anger management therapy
- C. Play therapy
- D. All of the above

Correct Answer: C

Play-based therapy focuses on individual needs similar to those found in adult sessions. Playing comes naturally to children and is ideal for self-expression. Clinical social workers can utilize directive or non-directive approaches for allowing youngsters to display their feelings.

QUESTION 3

Governance structures are imperative to promoting human rights, dignity and the common good. Lower levels of government insure self-determination and empowerment. Higher levels provide leadership and set policies.

What is the clinical social worker's role?

- A. Engagement in social and political action

- B. Clinical social workers are advised to not get involved
- C. Government action is illegal for clinical social workers
- D. Advise clients to take political action

Correct Answer: A

Professionals take part in social and political action in an effort to promote equality, expand opportunity, challenge injustice and empower others. Individuals, families and groups should be urged by clinical social workers to participate in governance structures at all varying levels.

QUESTION 4

One test stands out as the most widely used personality assessment. It was developed in the late 1930s and mental health professionals find it quite accurate for diagnosing mental illness. The test is often used in court cases that include custody disputes and criminal offenses. Treatment programs will test their clients with this tool to determine effectiveness. Which exam is being described?

- A. MMPI-2
- B. Psychodynamic assessment
- C. DSM-5
- D. Rorschach

Correct Answer: A

The Minnesota Multiphasic Personality Inventory is composed of 567 test questions. Professionals with specific training administer, score and interpret the results. The MMPI-2 can be given individually or in groups, designed for individuals over the age of 18. It is the most researched psychological test in existence.

QUESTION 5

Goals play a major role in effective treatment planning by shifting the focus from what a client cannot do, ASWB [GSW Erram to what can be successfully accomplished. The importance is the ability to track an individual's progress towards problem solutions. Goals are also productive for increasing a client's awareness of choices and allowing them full participation in the therapeutic process. Self-determined goals are consistent with what perspective?

- A. Personification
- B. Self-awareness
- C. Strengths-based
- D. Conflict resolution

Correct Answer: C

Clients require a clear indicator of wellness during treatment. Establishing goals emphasizes self-determination and empowerment. Individuals are able to associate with treatment, participation and evaluation. Goals hold clients accountable for making better choices and enhancing their lives.

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