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QUESTION 1

The Jacobs family has decided to incorporate the services of a clinical social worker due to intense conflict between parents and children. During the first session, the Jacobs take turns discussing their issues while the social worker listens intently. There is no focus on what is wrong, but rather on the complex interplay of risks and strengths. This type of assessment is known as what?

- A. Strength-based assessment
- B. Family-centered assessment
- C. Conflict resolution assessment
- D. All of the above

Correct Answer: A

In strength-based assessment, formal and informal supports are examined to create a service plan based on the family's specific needs and strengths. A clinical social worker will look at the family as a unit and the environmental factors surrounding them. The focus is on the family's assets (meaning all resources, not just material goods), attributes, and attitudes on which they can build solutions to their problems.

QUESTION 2

Lisa is a 14-year-old adolescent who skips school on a regular basis. She normally misses at least two days per week and reports just staying home in bed. The teen complains of being tired all the time and cannot function at school most days. A clinical social worker will identify a target behavior conducting a thorough assessment and formulating a treatment plan. What type of problem soMng should be initiated by the social worker?

- A. Authoritative
- B. Self-centered
- C. Collaborative D. Independent

Correct Answer: C

The clinical social worker should initiate collaborative problem soMng. The social worker and the client together will determine what the ultimate outcome should be with therapy, and the client will work towards that goal. If Lisa is included in the process of formulating her own treatment plan, she may be better engaged in treatment.

QUESTION 3

Angela is providing services to a client with a drug abuse problem. There has been a lot of work focused on the issue and very little improvement. Which of the following is a likely reason for lack of progress with this client?

- A. The client has been placed in a passive, helpless role
- B. The client is not adhering to legalities
- C. The social worker is not reinforcing the problem

D. The social worker has not focused on withdrawal symptoms

Correct Answer: A

A client with a drug abuse problem may fail to make progress if he or she is placed in a passive, helpless role. The professional needs to move from discussing what is wrong to emphasizing what is right. Utilizing solution-focused therapy, a client becomes the expert in determining how to achieve success. Clinical social workers need to concentrate on the future and direct the client's thinking.

QUESTION 4

Al is described by friends and family as being self-centered. He has problems with anger but never wants to accept the blame. Al's relationships with two different women failed because he was physically abusive. A clinical social worker might potentially assess this client with a number of disorders. What should be the primary concern?

- A. Depression
- B. Externalizers Personality Disorder
- C. Low self-esteem
- D. Violence

Correct Answer: D

Professionally and ethically, clinicians assess clients for harm to self or others. They have a duty, bylaw, to report any abuse to children under the age of 18, and to report the imminent threat of harm by clients towards themselves or toward another person of any age.

QUESTION 5

A family seeks the help of a clinical social worker when problems increase at school with their seven-year-old daughter, Madison. It is reported by the parents that Madison has struggled through Kindergarten and first grade. Second grade is not any better, and the family fears there may be a learning disability. Which of the following would not be affected by difficulties in learning?

- A. Reading
- B. Reasoning
- C. Reacting
- D. Recalling

Correct Answer: C

A child's ability to react is not affected by a learning disorder. Learning disabilities are neurological disorders that affect 1 in 7 people. There is no cure, and individuals will deal with this issue for life. Most can become successful given the right support and intervention. Learning disabilities affect reading, writing, recalling and recognizing information.