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QUESTION 1

A client is assessed by the nurse as experiencing a crisis.

The nurse plans to _____.

- A. allow the client to work through independent problem-solving.
- B. complete an in-depth evaluation of stressors and responses to the situation.
- C. focus on immediate stress reduction.
- D. recommend ongoing therapy.

Correct Answer: C

A crisis is an acute, time-limited state of disequilibrium resulting from a situational, developmental, or societal source of stress. Utilizing the nursing process, the nurse should assist clients to work through a crisis to its resolution and restore their precrisis level of functioning.

QUESTION 2

In a disaster situation, the nurse assessing a diabetic client on insulin assesses for all of the following except _____.

- A. diabetic signs and symptoms
- B. nutritional status
- C. bleeding problems
- D. availability of insulin

Correct Answer: C

Bleeding problems are not characteristic of diabetes.

All the other options are appropriate areas of assessment.

QUESTION 3

An LPN is discussing medication safety with a toddler patient's parent. Which statement made by the parent would be a cause for concern?

- A. "I always check to make sure the safety cap `clicks` when I close it."
- B. "We store all of our medicine on a really high shelf that even I need a step stool to reach."
- C. "To get her to take her medicine, we just tell her it's like candy."
- D. "We store our medicines and vitamins together."

Correct Answer: C

QUESTION 4

A woman seeks assistance because she recently remembered childhood sexual abuse.

The nurse should include which of the following goals for this client?

- A. prosecuting the perpetrator
- B. managing symptoms of anxiety and fear
- C. determining if the memories are real
- D. collaborating the client's story

Correct Answer: B

At least 10% of victims of childhood sexual abuse have periods of complete amnesia about the abuse, followed by delayed recall. Controversial evidence suggests that people who have recovered memories have had part of those memories reconstructed by therapists. The nurse's role is not to determine if the memories are real, but to help the client deal with the stress caused by the remembered abuse.

QUESTION 5

A concern regarding maternal and infant mortality and morbidity is that _____.

- A. a segment of the population is not receiving prenatal care
- B. families appear unconcerned about quality health care
- C. the personnel shortage in the maternity field will increase
- D. maternal-child health workers are not adequately prepared

Correct Answer: A

There is a concern that a segment of the population is not accessing prenatal care, affecting infant and maternal mortality and morbidity.

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